

# Building Hope Through a True Knowledge of God

"... in everything give thanks; for this is God's will for you in Christ Jesus" (1 Thessalonians 5:18)

## INTRODUCTION AND EXPLANATION:

1. Read the Scriptures in each section of this study.
2. Write a summary of the most important truths you find in each section.
3. Write down how this passage applies to you and what your response to it should be: are there promises or blessings to claim and for which you should praise God? Is there a command to obey? Is there a sin to confess? Does this passage bring to mind things you should change or ways in which you should improve?
4. Spend some time in prayer praising God, confessing sin, asking for God's help and giving thanks for any issues related to what you have seen in this passage.
5. Review the preceding procedure every day for the next week or as long as you need to help you develop a new mindset that will replace your anger, fear, discouragement, selfish or negative thinking and acting. Trust God to use this meditation on His truth to encourage in you an attitude of worship and praise for your great and loving God and to replace negativity and pessimism.
6. Continue this pattern until thankfulness, joyfulness, peacefulness, and contentment become a pattern of life for you.

## Scriptures about the blessedness and security of knowing God

**1 Peter 1:3-5** Blessed be the God and Father of our Lord Jesus Christ, who according to His great mercy has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead, to obtain an inheritance which is imperishable and undefiled and will not fade away, reserved in heaven for you, who are protected by the power of God through faith for a salvation ready to be revealed in the last time.

Important praiseworthy truths in this passage:

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Applications to my life:

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Items for prayer based on my study of this passage:

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**Ephesians 1:3-14**

Blessed Be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places, even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love he predestined us for adoption through Jesus Christ, according to the purpose of his will, to the praise of his glorious grace, with which he blessed us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace, which he lavished upon us, in all wisdom and

insight making known to us the mystery of his will, according to his purpose, which he set forth in Christ, as a plan for the fullness of time, to unite all things in him, things in heaven and on earth. In him we have obtained an inheritance, having been predestined according to the purpose of him who works all things according to the counsel of his will, so that we who hope in Christ Jesus might be to the praise of his glory. In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit, who is the guarantee of our inheritance until we acquire possession of it, to the praise of his glory.

Important praiseworthy truths in this passage:

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Applications to my life:

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Items for prayer and praise based on my study of this passage:

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**Romans 8:1-2;  
14-18, 26, 28-39**

There is therefore no condemnation for those who are in Christ Jesus. For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death. For all who are led by the Spirit of God are sons of God. For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, Abba Father. The Spirit himself bears witness with our spirit that we are the children of God, and if children, then heirs; heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may be glorified with him. For I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us. The Spirit helps us in our weakness. For we do not know how to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words. And we know that for those who love God all things work together for good, for those who are called according to his purpose. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn among many brothers. And those whom he predestined he also called, and those whom he called he also justified, and those whom he justified he also glorified. What then shall we say to these things? If God is for us, who can be against us? He who did not spare his own Son, but gave him up for us all, how will he not also with him graciously give us all things? Who shall bring any charge against God's elect? It is God who justifies. Who is to condemn? Christ Jesus is the one who died; more than that, who was raised; who is at the right hand of God, who indeed is interceding for us. Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword? No, in all these things we are more than conquerors through him who loved us. For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus.

Important praiseworthy truths in this passage:

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Applications to my life:

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Items for prayer based on my study of this passage:

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**Philippians 1:6** For I am confident of this very thing, that He who began a good work in you will perfect it until the day of Christ Jesus.

**Philippians 4:7** And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

**Philippians 4:19** And my God shall supply every need of yours according to his riches in glory in Christ Jesus.

Important praiseworthy truths in these passages:

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Applications to my life:

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Items for prayer and praise based on my study of these passages:

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**1 Corinthians 10:13** No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

**2 Corinthians 9:8** And God is able to make all grace abound to you, so that having all sufficiency in all things at all times, you may abound in every good work.

**Jude 24, 25** Now to him who is able to keep you from stumbling and to present you blameless before the presence of his glory with great joy, to the only God, our Savior, be glory, majesty, dominion and authority, before all time and now and forever.

Important praiseworthy truths in these passages:

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Applications to my life:

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Items for prayer and praise based on my study of these passages:

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**John 10:27-29**

My sheep hear My voice, and I know them, and they follow Me; and I give eternal life to them, and they will never perish; and no one will snatch them out of My hand. My Father, who has given them to Me, is greater than all; and no one is able to snatch them out of the Father's hand.

**John 14:1-3**

Let not your hearts be troubled. Believe in God; believe also in me. In my Father's house are many rooms. If it were not so, would I have told you that I go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also.

**Titus 2:13**

... waiting for our blessed hope, the appearing of the glory of our great God and Savior Jesus Christ, who gave himself up for us to redeem us from all lawlessness and to purify for himself a people for his own possession who are zealous for good works.

Important praiseworthy truths in these passages:

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Applications to my life:

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Items for prayer and praise based on my study of these passages:

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- 1 Corinthians 15:58** Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain.
- Galatians 6:9** And let us not grow weary in doing good, for in due season we will reap if we do not give up.

Important praiseworthy truths in these passages:

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Applications to my life:

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Items for prayer and praise based on my study of these passages:

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**Scriptures about the meaning, purpose and benefits of trials that will help us to be thankful, peaceful and joyful, as we respond to them biblically.**

- Proverbs 17:3** The refining pot is for silver and the furnace for gold,  
But the Lord tests hearts.
- Job 23:10** But he knows the way that I take; when he has tried me, I shall come out as gold.
- Psalms 119:67** Before I was afflicted I went astray, but now I keep your word.
- Psalms 119:71** It is good for me that I was afflicted, that I might learn your statutes.
- 1 Peter 1:7** ...that the genuineness of your faith, more precious than gold that perishes though it is tested by fire, may result in the praise and glory of and honor at the revelation of Jesus Christ.
- 2 Corinthians 4:17** For this slight momentary affliction is preparing for us an eternal weight of glory beyond all comparison.

Important praiseworthy truths in these passages:

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Applications to my life:

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Items for prayer and praise based on my study of these passages:

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**Romans 5:2-5**

And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance; and perseverance, proven character; and proven character, hope; and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us.

Important praiseworthy truths in this passage:

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Applications to my life:

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Items for prayer and praise based on my study of this passage:

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**James 1:2-4, 12**

Consider it all joy, my brethren, when you encounter various trials, knowing that the testing of your faith produces endurance. And let endurance have its perfect result, so that you may be perfect and complete, lacking in nothing. Blessed is the man who remains steadfast under trial, for when he has stood the test he will receive the crown of life, which the Lord has promised to those who love him.

Important praiseworthy truths in this passage:

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Applications to my life:

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Items for prayer and praise based on my study of this passage:

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**Acts 16:22-25**

The crowd rose up together against them, and the chief magistrates tore their robes off them and proceeded to order them to be beaten with rods. When they had struck them with many blows, they threw them into prison, commanding the jailer to guard them securely; and he, having received such a command, threw them into the inner prison and fastened their feet in the stocks. But about midnight Paul and Silas were praying and singing hymns of praise to God, and the prisoners were listening to them.

Important praiseworthy truths in this passage:

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Applications to my life:

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Items for prayer and praise based on my study of this passage:

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**Hebrews 11:25-27**

...choosing rather to endure ill-treatment with the people of God than to enjoy the passing pleasures of sin, considering the reproach of Christ greater riches than the treasures of Egypt; for he was looking to the reward. By faith he left Egypt, not fearing the wrath of the king; for he endured, as seeing Him who is unseen.

**2 Timothy 4:7, 8**

I have fought the good fight; I have finished the race. I have kept the faith, Henceforth there is laid up for me the crown of righteousness, which the Lord, the righteous judge, will award me on that day, and not only to me, but also to all who have loved his appearing.

Important praiseworthy truths in these passages:

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Applications to my life:

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Items for prayer and praise based on my study of this passage:

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**Revelation 2:10-11** Do not fear what you are about to suffer. Behold, the devil is about to cast some of you into prison, so that you will be tested, and you will have tribulation for ten days. Be faithful until death, and I will give you the crown of life. He who has an ear, let him hear what the Spirit says to the churches. He who overcomes will not be hurt by the second death.

Important praiseworthy truths in this passage:

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Applications to my life:

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Items for prayer and praise based on my study of this passage:

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**Scriptures about the power and usefulness of God's Word in helping us to be joyful, peaceful and thankful during our times of trial**

**Psalm 119:9** How can a young man keep his way pure?  
By keeping it according to Your word.

**Psalm 119:50** This is my comfort in my affliction,  
That Your word has revived me.

**Proverbs 16:2:** He who gives attention to the word will find good,  
And blessed is he who trusts in the Lord.

**Psalm 1:1-3** How blessed is the man who does not walk in the counsel of the wicked,  
Nor stand in the path of sinners,  
Nor sit in the seat of scoffers!  
But his delight is in the law of the Lord,  
And in His law he meditates day and night.  
He will be like a tree firmly planted by streams of water,  
Which yields its fruit in its season  
And its leaf does not wither;  
And in whatever he does, he prospers.

**2 Timothy 3:16-17** All Scripture is inspired by God and profitable for teaching, for reproof, for correction, for training in righteousness; so that the man of God may be adequate, equipped for every good work.

**Psalm 19:7-11** The law of the Lord is perfect, reviving the soul; the testimony of the Lord is sure, making wise the simple; the precepts of the Lord are right, rejoicing the heart; the commandment of the Lord is pure, enlightening the eyes; the fear of the Lord is clean, enduring forever; the rules of the Lord



are true, and righteous altogether. More to be desired are they than gold; sweeter also than honey and the drippings of the honeycomb. Moreover, by them is your servant warned; in keeping them there is great reward.

**Jeremiah 15:16**

Your words were found, and I ate them, and your words became to me a joy and the delight of my heart.

Summarize what these passages teach about the power and usefulness of God's Word in our lives.

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What practical impact can these truths have on our lives when rightly understood?

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### **Scriptures about God's generous provision of many wonderful things that give us joy, peace and thanksgiving at all times.**

**James 1:17**

Every good thing given and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shifting shadow.

**1 Corinthians 4:7**

For who regards you as superior? What do you have that you did not receive? And if you did receive it, why do you boast as if you had not received it?

**Psalms 100:3**

Know that the Lord Himself is God;  
It is He who has made us, and not we ourselves;  
We are His people and the sheep of His pasture.

**Psalms 103:2-5**

Bless the Lord, O my soul,  
And forget none of His benefits;  
Who pardons all your iniquities,  
Who heals all your diseases;  
Who redeems your life from the pit,  
Who crowns you with lovingkindness and compassion;  
Who satisfies your years with good things,  
So that your youth is renewed like the eagle.

**Isaiah 41:10**

Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

**Isaiah 40:31**

They who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

**Isaiah 43:2**

When you pass through the waters, I will be with you; when you walk through the fire you shall not be burned, and the flame shall not consume you.

**Psalm 55:22**

Cast your burden on the Lord, and he will sustain you; he will never permit the righteous to be moved.

Summarize what these passages teach about the wonderful provisions God has graciously given to us.

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What practical impact can these truths have on our lives when rightly understood?

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**Scriptures about who God is and what God has done, can do and will do to encourage us and cause us to be thankful, peaceful and joyful.**

**1 John 1:5**

This is the message we have heard from Him and announce to you, that God is Light, and in Him there is no darkness at all.

**Psalm 103:19**

The Lord has established His throne in the heavens,  
And His sovereignty rules over all.

**John 1:1-3**

In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things came into being through Him, and apart from Him nothing came into being that has come into being.

**Revelations 21:1-6**

Then I saw a new heaven and a new earth; for the first heaven and the first earth passed away, and there is no longer any sea. And I saw the holy city, new Jerusalem, coming down out of heaven from God, made ready as a bride adorned for her husband. And I heard a loud voice from the throne, saying, "Behold, the tabernacle of God is among men, and He will dwell among them, and they shall be His people, and God Himself will be among them, and He will wipe away every tear from their eyes; and there will no longer be any death; there will no longer be any mourning, or crying, or pain; the first things have passed away." And He who sits on the throne said, "Behold, I am making all things new." And He said, "Write, for these words are faithful and true." Then He said to me, "It is done. I am the Alpha and the Omega, the beginning and the end. I will give to the one who thirsts from the spring of the water of life without cost."

**Job 37:11b-15**

He disperses the cloud of His lightning.  
It changes direction, turning around by His guidance,  
That it may do whatever He commands it  
On the face of the inhabited earth.  
Whether for correction, or for His world,  
Or for lovingkindness, He causes it to happen.  
Listen to this, O Job,  
Stand and consider the wonders of God.  
Do you know how God establishes them,  
And makes the lightning of His cloud to shine?

- Ephesians 2:10** For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand so that we would walk in them.
- Proverbs 15:3** The eyes of the Lord are in every place,  
Watching the evil and the good.
- 1 John 4:9-10** By this the love of God was manifested in us, that God has sent His only begotten Son into the world so that we might live through Him. In this is love, not that we loved God, but that He loved us and sent His Son to be the propitiation for our sins.
- John 15:13** Greater love has no one than this, that one lay down his life for his friends.
- Psalm 103:8** The Lord is compassionate and gracious,  
Slow to anger and abounding in lovingkindness.
- Psalm 103:10-12** He has not dealt with us according to our sins,  
Nor rewarded us according to our iniquities.  
For as high as the heavens are above the earth,  
So great is His lovingkindness toward those who fear Him.  
As far as the east is from the west,  
So far has He removed our transgressions from us.
- Hebrews 4:15-16** For we do not have a high priest who cannot sympathize with our weaknesses, but One who has been tempted in all things as we are, yet without sin. Therefore let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need.
- Jeremiah 32:17** Ah, Lord God! It is you who has made the heavens and the earth by your great power and by your outstretched arm! Nothing is too hard for you.
- Daniel 4:34, 35** I blessed the Most High, and praised and honored him who lives forever, for his dominion is an everlasting dominion, and his kingdom endures from generation to generation; all the inhabitants of earth are accounted as nothing, and he does according to his will among the hosts of heaven and among the inhabitants of earth; and none can stay his hand or say to him, "What have you done?"
- Matthew 19:26** With man this is impossible, but with God all things are possible.
- Psalm 115:3** Our God is in the heavens; he does all that he pleases.

Summarize what these passages teach about God that ought to encourage us.

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**What practical impact can these truths have on our lives when rightly understood?**

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