

Forgiveness Homework

1. Write out some things about forgiveness by making three columns on a piece of paper:
 - a. In the column on the far left, write, "What God has forgiven me for?" and then fill it in – use categories with bullet points.
 - b. In the center column, write, "What do I still need to forgive others for?" (write names and specific sins they committed).
 - c. In the column on the far right, write, "What do I still need to ask forgiveness for, from God and others?" (write names and specific ways you offended them)
2. Read Mt 18:21-35 and 2 Sam 9. Write out in a summary who you are like in these Scripture passages – David? or the unforgiving servant?

I am like:

3. Review the **Four Promises of Forgiveness** and spend some time examining (Ps 139:23-24) – where am I still holding on to unforgiveness? Ask God to forgive you and then begin working through granting forgiveness to the other people.
 - a. I promise not to use/bring up the sin against you in the future (historical)
 - b. I promise not to tell others about the sin (gossip and slander)
 - c. I promise not to dwell on the sin (bitterness and resentful)
 - d. I promise not to allow it to hinder our relationship in the future (Reconciliation)
4. Examine if you need to go back and ask for forgiveness if there is anything unresolved in the far right column.

| WHAT HAS GOD FORGIVEN ME FOR? | WHAT DO I STILL NEED TO FORGIVE OTHERS FOR? | WHAT DO I STILL NEED TO ASK FORGIVENESS FOR, FROM GOD & OTHERS? |
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