

# BIBLICAL

## FOUR COMMON HEART THEMES

FOUR HEARTS					
Flesh Bent	Flesh Statement	Flesh Question	Renewed Statement	Renewed Question	Renewed Heart
<b>ANGER</b> <i>Torch lighter</i> Isajah 50:10-11 <i>Divisive</i> Proverbs 29:22	"I deserve some _____!"	"Is God really on my side?"	"Christ is my Lord",	"Who Can I serve?"	Yielding and Submissive
	"My will be done"	"How do I get respect?"	"His will be done"	"How do I forgive?"	Tender & Kind
<b>FOOLISHNESS</b> <i>Broken Cisterns</i> Jeremiah 2:13 <i>Self-reliant</i> Proverbs 28:26	"I want it now"	"Is God really enough?"	"God is worthy and awesome"	"Who can I bless?"	Reverent Fear, Seeking Wisdom, Self-control
	"I can't help myself"	"How can I get more?"	"God is enough"	"Can I wait upon Him?"	
<b>DESPAIR</b> <i>Vain Striver</i> Eccl. 2: 20 <i>Giving Up</i> Isaiah 61:1-3 Romans 15:13	"I need to be understood"	"Is God compassionate?"	"God is compassionate and near"	"Who can I give to?"	Hopeful Giving
	"No one knows my pain"	"Does anyone really care?"	"I am in His sovereign hands"	"Where is my hope?"	Praise and Worship of God
<b>FEAR</b> <i>Man Pleaser</i> Gal 1:10 <i>Eyes on trial</i> Matt 14:25-31 <i>Forgetting God</i> Deut 31:8	"I am unlovable"	"Is God trustworthy?"	"I trust God with all my heart"	"Who should I need less & love more?"	Trusting, and Loving more than needing"
	"I can't risk it"	"Does anyone love me?"	"My esteem comes from Christ's love"	"With Christ as my friend who or what shall I fear?"	Gratitude for <u>All</u> things,
	"I can't see a way out of this situation"	"Does anyone really care about me?"			

**Anger** – The person characterized by an angry heart has a propensity to make an idol of power, control, having their own way, or to be covetous. This person might find themselves making conscious and/or unconscious statements like, "I want respect or peace...!" or "I can't believe so and so...!" A person who chooses not to deal with an angry heart may be characterized by bitterness, judgment toward others, discontentment, lack of joy, and strained relationships and/or continual conflict in relationships. Others might comment that their actions and attitude can be volatile, ungrateful, condemning, grouchy, intimidating, irritable or difficult.

**Foolishness-** The person characterized by a foolish heart has a propensity to make an idol of escape, pleasure, self-sufficiency, or self gratification. They may find themselves constantly in the pursuit of certain feelings, objects or the accumulation of things. This person may find themselves making conscious and/or unconscious statements like "I want it now!" or "I just can't help myself!" The person who chooses to not deal with a foolish heart may be characterized by consuming addictions, blame-shifting, irresponsibility, and self-destruction. Others might comment that their actions and attitude are cavalier, irresponsible, lazy, selfish or immature.

**Despair** – The person characterized by a despairing heart has a propensity to make an idol of easing pain, feeling good, and creating comforts. This person may find themselves making conscious and/or unconscious statements like "I deserve!" or "I'm totally helpless!" The person who chooses to not deal with a despairing heart may be characterized by a victim mentality, an inordinate need for security, self-pity, strained relationships and a propensity to self-medicate or escape through fantasy or self destructive behavior. Others might comment that their behavior or moods are melancholy, or down in the dumps, when relating to others they can be distant, isolating, draining, or self-absorbed.

**Fear** - The person characterized by a fearful heart has a propensity to make an idol of security, perfection, or looking better than they are. This person may find themselves making conscious and/or unconscious statements like "Will they reject me?" or "I can't risk it!" or "Where is God?" The person who chooses to not deal with a fearful heart may be characterized by false guilt and shame, social and/or spiritual paralysis, fear of man, and a shaken faith. Others might comment that their behavior or moods are up and down, nervous, tentative, and their social interactions are sometimes avoidant, or even paranoid in nature.