

## Philippians 4:8 – Redirecting/Changing Your Thoughts

Word	Definition	Ask yourself: Is this thought...	Thoughts/Situations I'm applying this:
True	Factual	...true to the facts, or am I exaggerating or ignoring them? Is it true to the facts that I know about God? His Word? His Word? His Purpose for me?	
Honorable	Esteemed	...something that is beneath me as a daughter of the King? Does it keep my Father's kingship in sight?	
Right	Righteous	...reflective of the righteousness that Christ has purchased for me? Or is it part of the way that I thought before I knew His love?	
Pure	Clean	...something that I would be ashamed about if others knew I was entertaining it? Does it live up to God's standards of purity and holiness?	
Lovely	Winsome	...something that would draw others to Christ. Is it sweet or bitter, beautiful or ugly?	
Good Repute	Attractive	...a faith-filled assessment of the situation, or does it send my heart trembling in fear away from the Lord?	
Moral Excellence	Virtue	...overflowing with the excellency of Christ. Does it acknowledge His great love, mercy, grace, and holiness?	
Praiseworthy	Admirable	...something that would cause others to praise God if they heard it. Does it cause my heart to be filled with worship?	

