

## WHAT IS YOUR LIFE'S AGENDA

*The purpose of a man's heart are deep waters,  
but a man of understanding draws them out. (Proverbs 20:5).*

1. When do you tend to experience fear, worry, or anxiety (Matthew 6:19-34)?

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2. Where have you struggled with disappointment (Proverbs 13:12)?

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3. In what situations do you struggle with anger (James 4:1-2; 4:1-10)?

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4. Where do you encounter problems in relationships (James 10:13-14)?

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5. What situations in life have you found particularly difficult (1 Corinthians 10:13-14)?

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6. Where are your patterns of avoidance? What things do you regularly seek to avoid?

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7. Where have you experienced regular problems in your spiritual life or in your relationship with God (Psalm 73)?

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8. Where or when have you tended to doubt the truths of Scripture (Romans 1:25)?

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9. What is your true agenda for others? What is your definition of a good relationship? What are your expectations for others? What silent demands do you make of people around you (James 4:1-2)?

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10. Do you struggle with bitterness (Ephesians 4:31; Proverbs 18:19)?

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11. Where have you struggled with regret, being tempted to say, "If only...?"

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12. What past experiences are hard for you to let go?

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13. When do you experience problems in prayer and personal worship (James 4:3-4)?

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14. Where do you struggle with envy? What do tend to covet (Proverbs 14:30)?

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**Prayer**

Function: Intimate fellowship with God.

Goal: A vivid sense of God's presence and goodness. It is important to have a strong sense of the presence of Jesus Christ and your connection to Him, that you belong to Him, that you are in Him as He is in you.

**Prayer Assignment**

Jesus Christ, gracious Lord, you died on the cross for my sake, and in your death my old corrupt self, with its (name some of your troublesome traits), died also. You were raised, O Lord, to the right hand of the Father, in perfect righteousness, holiness, and well-being, and in your resurrection I am given a new self, with (name here some traits of the new self that are opposite to the troublesome traits of the old self), which I grasp by faith. Give me the power of your Holy Spirit, O Lord, that I may put on this new self that you have provided for me and take off the old. Grant, O Lord, that my new life in you may be manifested in what I do, think, and feel. Amen.